Rapid RCT appraisal checklist

1. **Find an RCT that addresses your clinical question**
   A. Match your PICO to the PICO of the RCT

2. **Assess risk of bias and determine if results are trustworthy**
   A. Was the method of randomization truly random?
   B. Was allocation adequately concealed?
   C. Were groups comparable at the start?
   D. Were patients and practitioners providing care blinded?
   E. Was outcome assessment blinded or were outcomes objective?
   F. Was there minimal loss to follow-up & losses explained?
   G. Was an intention-to-treat analysis conducted?

3. **Determine if the effect is significant and generalizable**
   A. What were the results?
   B. Were the results statistically and clinically significant?
   C. Are your patients/situation similar to those in the trial?